



SEEN: Vintage Center for Active Adults turns 50



PATRICIA SHERIDAN
Pittsburgh Post-Gazette
psheridan@post-gazette.com

OCT 4, 2023

3:00 PM



The Vintage Center for Active Adults is the ripe old age of 50. Celebrating the anniversary



Thursday night were more than 100 guests and board members.



“We are one of the premier community centers for adults ages 60 and older and they come here to get healthy in body and mind,” said a smiling Heather Sedlacko, executive director.

“We have a very vibrant line dancing community here, painting classes, a choir, a writing class, bridge and mahjong groups, tai chi, pilates and more,” she said.

The East Liberty center was founded by the late Mimi



TOP

Bitzer, Donna
Holland
and Melinda Beard.
Beard's husband,
Philip, and son,
Beau, came to honor
their memories and
celebrate the
longevity of the
center.

Vintage is part of
the FamilyLinks
brand and is one of
only 250 senior
centers in the
country accredited
by the National
Institute of Senior
Centers after only 20
years. It costs
seniors just \$25 a
year to join and
there is a free lunch
every day thanks to
Allegheny County.

"This is the best
senior center in
Allegheny County,
with over 1,000
people served last
year," noted Stacey
Vaccaro,
FamilyLinks CEO.

The wine and tapas
evening included live
music by the Jimmy
Z Trio. Guests
unfamiliar with the
space were
encouraged to
explore two state-of-
the-art exercise
rooms, a pool room,
several card rooms, a
very homey
television room and
the new Ann Truxell
Technology Center,
where seniors can
get one-on-one
instructions on
navigating the
internet. It was
named in honor of
the longtime
executive director.

"We are very proud
to be here 50 years
and it is a testament
to our board, our
staff and the people



TOP

who come here and
make it a special
place every day,”
Sedlacko said.

Among the
celebrants were
Dottie and John
Bechtol, John
Lovelace, Gloria
Hardy, Ann Truxell
with Bob Nelkin,
Bobbi Watt Geer,
Angela Broussard
and Shannah Tharp
Gilliam.

First Published
October 4, 2023,
5:30am

Limited Time Offer

3 months of unlimited access for only 99¢!

GET OFFER

Popular in the



AdChoices 

Sponsored